Student Environmental Activist Training - SEAT Program

More information, curriculum outline, and program application: 
350sacramento.org/seat

Apply now! Offered Fall, Spring, & Summer.

What is it?
The Student Environmental Activist Training is a free program open to middle and high school students in the Sacramento area. SEAT consists of a 10 unit curriculum designed and offered by 350 Sacramento, a local, grassroots environmental non-profit. Key goals of this program are:

(1) Provide education and training around key civic, leadership, social justice, activist, and community organizing skills and concepts that aren’t traditionally covered in schools.

(2) Connect students across the region and create a network of support for students to create and collaborate across environmental, climate and social justice clubs at their schools.

(3) Connect students to opportunities: volunteer opportunities and exposure to local groups working to advance environmental, climate, or social justice; workforce development programs

How does it work?
Each unit focuses around a topic and consists of 2 educational modules, with varying formats including: presentations, discussions, and workshops. Modules don’t require homework. We just ask for active participation, this is an interactive learning space to empower, not overburden.

Each unit also has 1 community module, with varying formats including: community building activities, guest speakers from our partner organizations, networking spaces, and local events.

The SEAT program is offered as both an after-school program and a summer program. The frequency and structure of modules may vary with each full session (10 units) of the program.

What are some featured issues & partner organizations?
GRID Alternatives: Low-income solar policy advocate, green workforce development provider, and the nation’s largest non-profit solar installer. https://gridalternatives.org/
Resources for Independent Living: Promotes the socio-economic independence of persons with disabilities by providing services and advocacy. https://www.ril-sacramento.org/
Social Justice PolitiCorps Sacramento: Tracks, reports on, and mobilizes volunteers around social justice issues in local government. https://www.socialjusticesac.org/