



Student Environmental Activist Training - SEAT Program

More information, curriculum outline, and program application:

350sacramento.org/seat

Apply now! Offered Fall, Spring, & Summer.

What is it?

The Student Environmental Activist Training is a **free** program open to middle and high school students in the Sacramento area. SEAT consists of a 10 unit curriculum designed and offered by 350 Sacramento, a local, grassroots environmental non-profit. **Key goals of this program are:**

- (1) **Provide education and training around key** civic, leadership, social justice, activist, and community organizing **skills and concepts** that aren't traditionally covered in schools.
- (2) **Connect students across the region** and **create a network of support for students to create and collaborate across** environmental, climate and social justice **clubs** at their schools.
- (3) **Connect students to opportunities:** volunteer opportunities and exposure to local groups working to advance environmental, climate, or social justice; workforce development programs

How does it work?

Each unit focuses around a topic and consists of **2 educational modules**, with varying formats including: presentations, discussions, and workshops. Modules **don't** require homework. We just ask for active participation, this is an interactive learning space to empower, not overburden.

Each unit also has 1 community module, with varying formats including: community building activities, guest speakers from our partner organizations, networking spaces, and local events.

The SEAT program is offered as both an after-school program and a summer program. The frequency and structure of modules may vary with each full session (10 units) of the program.

What are some featured issues & partner organizations?

GRID Alternatives: Low-income solar policy advocate, green workforce development provider, and the nation's largest non-profit solar installer. <https://gridalternatives.org/>

Sunrise Movement Sacramento: Youth-led group of community organizers and activists for climate justice, in association with the national Sunrise Movement. <https://bit.ly/SunriseSac>

Resources for Independent Living: Promotes the socio-economic independence of persons with disabilities by providing services and advocacy. <https://www.ril-sacramento.org/>

Social Justice PolitiCorps Sacramento: Tracks, reports on, and mobilizes volunteers around social justice issues in local government. <https://www.socialjusticesac.org/>