



Student Environmental Activist Training - SEAT Program

More information, curriculum outline, and program application:

350sacramento.org/seat

Apply now! Offered Fall, Spring, & Summer.

What is it?

The Student Environmental Activist Training is a **free** program open to middle and high school students in the Sacramento area. SEAT consists of a 10 unit curriculum designed and offered by 350 Sacramento, a local, grassroots environmental non-profit. **Key goals of this program are:**

- (1) **Provide education and training around key** civic, leadership, social justice, activist, and community organizing **skills and concepts** that aren't traditionally covered in schools.
- (2) **Connect students across the region** and **create a network of support for students to create and collaborate across** environmental, climate and social justice **clubs** at their schools.
- (3) **Connect students to opportunities:** volunteer opportunities and exposure to local groups working to advance environmental, climate, or social justice; workforce development programs

How does it work?

Each unit focuses around a topic and consists of **2 educational modules**, with varying formats including: presentations, discussions, and workshops. Modules **don't** require homework. We just ask for active participation, this is an interactive learning space to empower, not overburden.

Each unit also has 1 community module, with varying formats including: community building activities, guest speakers from our partner organizations, networking spaces, and local events.

The SEAT program is offered as both an after-school program and a summer program. The frequency and structure of modules may vary with each full session (10 units) of the program.

What are some featured issues & partner organizations?

GRID Alternatives: Low-income solar policy advocate, green workforce development provider, and the nation's largest non-profit solar installer. <https://gridalternatives.org/>

Sunrise Movement Sacramento: Youth-led group of community organizers and activists for climate justice, in association with the national Sunrise Movement. <https://bit.ly/SunriseSac>

Resources for Independent Living: Promotes the socio-economic independence of persons with disabilities by providing services and advocacy. <https://www.ril-sacramento.org/>

Social Justice PolitiCorps Sacramento: Tracks, reports on, and mobilizes volunteers around social justice issues in local government. <https://www.socialjusticesac.org/>

Sample Curriculum:

Unit	Educational Module A	Educational Module B	Community Module
1: Baseline, introductions and climate change	Introductions, housekeeping and communal expectations, science of climate change	Social/political drivers of climate change, introduction to environmental justice	Ice breaker activity
2: Environmental and social justice concepts	Environmental justice as it relates to waste, pollution, extractive economic model	Sustainability, energy, reciprocity, the history of environmentalism, equity and anti-oppression	Creating anti-oppressive spaces
3: Approaches to change	Frames of individual action and collective action	Local agencies, utilities, and opportunities to affect local change	Guest speaker presentation
4: Local political processes	City government processes and methods of engagement	County government processes and methods of engagement	Guest speaker presentation
5: Civic skills	News and media literacy	Public comment, office visits, and engaging with elected officials	Guest speaker presentation
6: Activist skills	Power mapping, community building, and equitable base building	Facilitation, effective communication, clarity, structure, and security culture	Club recruitment and networking workshop
7: Building a movement, not a moment	Burnout, information overload, and sustainable organizing	Transparency, democratic leadership, and shared decision making	Developing a club constitution workshop
8: Campaigns	Goal setting, campaign development, targeting focus	Event planning, long term strategy, evaluating success	Documentary screening
9: Engaging the public	Storytelling, sharing experiences, and creating a narrative	Social media and online activism	Accessible graphic design for organizing
10: Press, brand, and perception	Engaging with journalism	Media pressure tactics and strategies	Celebratory event